Materials: 2 circular needles, size US 4(5); 1-24” (60cm), 1 – 32” (80cm). Sport or (DK) weight soft, washable non wool yarn. *** See below for approved yarns for distribution by knittedknockers.org groups, stitch marker, tapestry needle. Gauge- 6st= 1” (5st= 1”). Counts in ( ) are for DK/US 5 needles

BOTTOM PIECE:
Starting with a 20” tail, loosely CO 5 sts to 32” (80 cm) needle, place M, CO 5 more st, total 10 CO st on needle 1. Using 24” (60 cm) needle cast on remaining 5 stitches. (15 st total; 10 st on needle 1, 5 st on needle 2). Join to start knitting in the round making sure to avoid twisting stitches.

Round 1 – on needle 1-K to last st before the M, kfb, SM then K to last st before end of needle 1, kfb. On needle two K to last st, kfb. (3 sts increased)

Round 2 – on needle 1- Kfb, k to last st before M, kfb, SM kfb, knit to last stitch on needle 1, kfb. On needle 2 kfb, knit to last st, kfb. (6 sts increased)

Note: sts on needle not in use should be placed on the cable to prevent gaps when changing needles. Needle 1 has two sides of knocker divided by M, needle 2 has one side of knocker. Repeat rounds 1 & 2 until reach number of stitches for the cup size you desire. *

  • A cup – stuffed diameter equals 4.5” (across) ....72(66*) – 48(44)/needle 1; 24(22*)/needle 2
  • B cup – stuffed diameter equals 5” (across) ..........78(72) – 52(48)/needle1; 26(24)/needle 2
  • C cup – stuffed diameter equals 5.5” (across) .......90(84*) – 60(56)/needle1 30(28*)/needle2
  • D cup – stuffed diameter equals 6” (across) ........102*(90) – 68(60)/needle1; 34*(30)/needle2
  • DD/E cup – stuffed diameter equals 6.5” (across).....108(96) –72(64)/needle1; 36(32)/needle2

*(Certain sizes need to repeat Round 1- 1 more time to reach desired number of stitches).

**See notes for larger sizes. Each size goes up about ½” in diameter. Sizing is a bit of an art. Looser knit will stretch more when stuffed. Stuffed knockers should measure the diameters listed above measured straight across the back from the point to the mid of the opposite side.

Turning Rows: P 2 rounds. These two rounds help define the edge between the back and the front of your knocker.

TOP PIECE (W/OUT NIPPLE):
Decrease round: on needle 1, K to last 2 sts before M k2tog, K to last 2 st on needle 1, k2tog. On needle 2, k to last 2 st, k2tog. Repeat this round until you have 6 sts left (4/needle1, 2/needle 2). Cut yarn leaving an 8” tail. Thread tail through remaining sts with tapestry needle and pull tight. Bring to inside of knocker and fasten off.

TOP PIECE (WITH NIPPLE):
Decrease round: on needle 1, K to last 2 sts before M k2tog, K to last 2 st on needle 1, k2tog. On needle 2, k to last 2 st, k2tog. Repeat this round until you have 3 sts left (2/needle 1, 1/needle2). Knit these 3 sts onto one needle and proceed with an I-cord for 3 rounds. Cut yarn leaving an 8” tail. Using a tapestry needle thread tail through remaining sts. Stretch and twist I-cord tightly and stitch down all around it to create a small nipple. The completed nipple should be no more than 3/8” across.

Final Step To Finish Bottom Piece: Using tapestry needle, weave cast on tail through every other cast-on stitch. This will make a draw-string like closure so the knocker stuffing level can later be adjusted by the wearer. Fill with Premium Poly Fiber Fil™ (optional, we can fill them for you to save on postage.) Do NOT cinch up!
Visit http://www.knittedknockers.org/make-a-knocker/ for tips and videos on how to make the Bottoms Up Knitted Knockers for Double Point Needles. If you see differences in the video go by the pattern as it may have been revised after the video was done.

**For larger sizes:**
- **F (7”) –** repeat rounds 1 & 2 – 1 more time.
  - Complete turning rows
  - After the turning rows knit 2 rounds before starting top piece
- **G (7.5”) –** repeat rounds 1 & 2 – 2 more times.
  - Complete turning rows
  - After the turning rows knit 4 rounds before starting top piece.
- **H (8”) & Beyond –** repeat rounds 1 & 2 an additional time per size
  - Complete turning rows
  - After the turning rows knit 4 rows before starting top piece