**Magic Loop Method**  
*Rev 11/20 for sizing*

**materials**

- Cascade Yarns Ultra Pima Fine, sport weight cotton (Ultra Pima, DK)  See below for approved yarns for distribution by knittedknockers.org groups*
- 2 double point needles, size 4 (5), Size 4 (5) cable needle 24 + inches
- Stitch markers
- Tapestry needle

**outer piece**

- CO 3 sts - Knit 4 rows I-Cord (this will be knotted for “nipple”) - 3 sts.
  - *To make knockers without nipples, omit the I-cord and just CO 3 stitches*
- Next row - kfb every stitch - 6 sts.
- Place sts on cable and pull up loop with 2 sts on front needle and 4 sts on back needle. Place marker in middle of the 4 sts. Start knitting in the round.
- Round 1 - *kfb, k1 repeat from * to end of round - 9 sts.
- Round 2 - Knit to last stitch of each section, m1r, k1 - 12 sts.
- Repeat rnd 2 according to the table for the desired cup size.
  - Note: you may wish to redistribute sts on the needles at some point; if you do so, take care to insert a stitch marker after the original first section.
- Purl 2 rounds.

**inner piece**

- Round 1 - *K to last 2 sts of each section, k2tog. Repeat from * to end of round.
- Round 2 - *Ssk, k to last 2 sts of each section, k2tog. Repeat from * to end of round.
- Repeat rnds 1 and 2 until 24 sts total remain.
  - (As applicable) Knot I-Cord very tightly and stitch down for small nipple (no more than 3/8" in diameter)
- Repeat rnds 1 and 2 until 12 sts total remain.
- Cut yarn (long tail) - thread tail through 12 sts and leave loose to allow for stuffing
- Fill with Premium Poly Fiber Fill (*Optional, we will fill for you if you want :-)*

<table>
<thead>
<tr>
<th>Cup size</th>
<th>Stuffed Diameter</th>
<th>Total St</th>
<th>Stitches per section</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>4.5&quot;</td>
<td>72(66)</td>
<td>24(22)</td>
</tr>
<tr>
<td>B</td>
<td>5&quot;</td>
<td>78(72)</td>
<td>26(24)</td>
</tr>
<tr>
<td>C</td>
<td>5.5&quot;</td>
<td>90(78)</td>
<td>30(26)</td>
</tr>
<tr>
<td>D</td>
<td>6&quot;</td>
<td>102(90)</td>
<td>34(30)</td>
</tr>
<tr>
<td>E/DD</td>
<td>6.5&quot;</td>
<td>108(96)</td>
<td>36(32)</td>
</tr>
</tbody>
</table>

*Knitted Knockers Support Foundation has created a list of tested and approved yarns appropriate for knitted knockers. Please note that only knockers made from this list will be used to fill orders from knittedknockers.org so if knitting or crocheting for us please only use these yarns. While Knitted Knockers are a great “stash buster” taking only about 50 yards of yarn depending on size of course, the knockers may be worn against sensitive skin and must be durable, breathable and stay soft after washing. Also note the acrylic yarns are only used for swimming knockers. You can find the list of approved yarns at knittedknockers.org or attached to this pattern when downloaded.

The most requests are for pairs of neutral colors. If you don't have enough of one color to finish a knocker feel free to finish the inner piece with a complimentary color using the same type of yarn. If you get bored with the flesh tones by all means make a creative, bright pair if you want. We do get requests for those too :-). Don’t stress too much about the sizing. The most important thing is to make sure that all pairs are the same size (same number of stitches). About 75% of the requests are for sizes B and C with the rest size A, D and DD.

There is a 3 part series of videos on how to make great Knitted Knockers at knittedknockers.org.

If you don’t have someone to give your beautiful knocker to please send them to us for distribution (always free to the recipient). We need lots of them! Send to Knitted Knockers, 1780 Iowa Street, Bellingham, WA 98229. Be sure and include the yarn label and your contact info so we can thank you! Visit http://www.knittedknockers.org/ (the one with the pink ribbon logo on it) to learn more and to link yourself as a provider, or to locate a group in your area. We have print materials we can help support you with including care instructions, cards and brochures. Thank you so much!!!