

## KNITTED KNOCKERS APPROVED YARNS – rev. 4-7-23

Please note that only knockers made from the following list will be used to fill orders from [knittedknockers.org](http://knittedknockers.org) so if knitting or crocheting for us please only use yarns. All are good for knitting, some are also good for crochet where indicated with a “C”. Acrylic yarns are approved only for swimming and indicated with an “S”. Please make pairs of knockers in neutral or dark colors. We get very few requests for colored knockers. Neutral is defined as shades of white, cream, beige, and sand. Dark includes black, brown or dark beige, not dark blue or other colors. Fun colors may be used on the back where they won't show except to the woman. 😊.

Berroco, Modern Cotton DK (Note only DK weight is approved)- C  
Cascade Yarns, Cherub DK - C, S  
Cascade Yarns, Pandamonium-C  
Cascade Yarns, Ultra Pima - C  
Cascade Yarns, Ultra Pima Fine – C  
Cascade Yarns, Noble Cotton - C  
Circulo, Anne-C  
Circulo, Charme C  
Cloudborn, 100% Pima Cotton DK - C  
Ella Rae, Phoenix DK - C  
Euro Baby, Kid Cotton  
Fair Isle, Harbor - C  
Fiesta Yarns, Cottonista

HiKoo, Twisp- C  
HiKoo, CoBaSi DK  
Jaeger, Aqua Cotton  
Katia, Mississippi 3  
Kertzer Yarns, Butterfly Super 10  
Kraemer Yarns, Tatamy - S  
Knit Picks, Comfy Fingering – C, S  
Lion Brand COBOO - C  
Lion Brand NUBOO-C  
Paintbox, Cotton DK  
Patons, Grace - C  
Plymouth Yarns, Anne - C  
Plymouth Yarns, Cleo  
Premier Yarns, Bamboo Fair- C

Premier Yarns, Cotton Fair- C,S  
Rowan, Cotton Glace  
Schachenmayr, Catania- C  
Sostrene Grene, Anna & Clara - C  
Tahki, -Cotton Classic DK (Must be DK)  
Tahki, Cotton Classic Lite - C  
TB Ramsden, Wendy Supreme 100%  
Luxury cotton DK (Must be DK)  
Trendsetter Yarns, Lana Grossa Elastico  
Universal Yarns, Bamboo Pop - C  
Universal Yarns, Garden 3 – C  
Valley Yarns, Southwick

We have carefully compiled this list of approved yarns for our knitters & crocheters. All approved yarns have been tested and proven to be washable, stay soft after air drying, breathable, durable, the correct weight & make beautiful knockers. Our challenge has always been to identify yarns that are preferred by our recipients, available & affordable. The list has over 30 choices that can be purchased at local yarn stores, online or at "Big Box" stores at a variety of price points. The cost per average sized knocker using these yarns can vary from about \$1.20 to \$3.00 per knocker. Very affordable when you think about the difference it makes to the women who wear them!

For the wearer, it is crucial that the knocker fiber not exacerbate a highly sensitive part of a woman's body that may have already suffered from surgical scarring, nerve damage, and possible radiation burns. To minimize the chances of this happening we ask that knitters & crocheters choose a yarn that we've already tested & know that every knocker created will be gratefully received & loved by the wearer. We receive constant affirmation that these ladies truly appreciate the time & talent that a caring volunteer took to make these for them. Check out some testimonials from grateful recipients if you ever want to remind yourself that what you are doing is making a difference! <http://www.knittedknockers.org/testimonials/>.

*Please note that “I Love this Cotton” from Hobby Lobby is too heavy & washes up stiff when air dried so is not appropriate for knitted knockers.*

You can mail completed, unstuffed knockers to us at Knitted Knockers Support Foundation, 1405 Fraser St. #F103 Bellingham, WA 98229. **Include your contact information & the yarn label.** Please do not size, add tags, stitch or safety pin together. We size after stuffing.

If stuffing, use a high-quality poly fiber fill. Slightly overstuff and leave the back open for adjustment. We use Premium Poly Fiber Fill made by Fairfield and found at Joann's & Walmart.

Yarns no longer on the list may have been discontinued but still would be accepted if on the prior 5/2/22 Approved Yarn list.

Knitted Knockers Support Foundation is a non-profit run completely by volunteers, (no paid staff). Donations are very much appreciated to help offset costs. Postage in 2022 was over \$55,000 alone!

Thank you for making knockers!!!!

