

KNITTED KNOCKERS APPROVED YARNS (rev. 3.19.24)

Please note that only knockers made from the following list will be used to fill orders from knittedknockers.org

All yarns are approved for swimmers.

| The following yarns are approved for Knit & Crochet | | Approved for Knit only | |
|--|-------------------------------------|---|-------------------------------------|
| Brand | Style | Brand | Style |
| Berroco | Modern Cotton DK | HiKoo | CoBaSi DK |
| | <i>(Only DK weight is approved)</i> | Paintbox | Cotton DK |
| Cascade Yarns | Pandamonium | Rowan | Cotton Grace |
| | Ultra Pima | Tahki | Cotton Classic DK |
| | Ultra Pima Fine | | <i>(Only DK weight is approved)</i> |
| | Noble Cotton | Trendsetter Yarns | Lana Grossa |
| Circulo | Anne | Valley Yarns | Southwick |
| | Charme | | |
| Cloud Born | 100% Pima Cotton DK | | |
| Ella Rae | Phoenix DK | | |
| Fair Isle | Harbor | | |
| HiKoo | Twisp | | |
| Lion Brand | COBOO | | |
| | NUBOO | | |
| Patons | Grace | | |
| Mirasol | Pima Paka | | |
| Plymouth Yarns | Anne | | |
| Premier Yarns | Bamboo Fair | These yarns are for swim knockers only. They are not suitable for everyday wear. | |
| | Afternoon Cotton | | |
| Schachenmayr | Catania | Cascade Yarns | Cherub DK |
| Sostrene-Grene | Anna & Clara | Kraemer Yarns | Tatamy <i>(for knit only)</i> |
| Tahki | Cotton Classic Lite | Knit Picks | Comfy Fingering |
| Universal Yarns | Bamboo Pop | Premier Yarns | Cotton Fair |

We have carefully compiled this list of approved yarns for our knitters & crocheters. All approved yarns have been tested and proven to be washable, stay soft after air drying, breathable, durable, the correct weight & make beautiful knockers. Our challenge has always been to identify yarns that are preferred by our recipients, available & affordable. The list has over 30 choices that can be purchased at local yarn stores, online or at "Big Box" stores at a variety of price points. The cost per average sized knocker using these yarns can vary from about \$1.20 to \$3.00 per knocker. Very affordable when you think about the difference it makes to the women who wear them!

For the wearer, it is crucial that the knocker fiber not exacerbate a highly sensitive part of a woman's body that may have already suffered from surgical scarring, nerve damage, and possible radiation burns. To minimize the chances of this happening we ask that knitters & crocheters choose a yarn that we've already tested & know that every knocker created will be gratefully received & loved by the wearer. We receive constant affirmation that these ladies truly appreciate the time & talent that a caring volunteer took to make these for them. Check out some testimonials from grateful recipients if you ever want to remind yourself that what you are doing is making a difference! <http://www.knittedknockers.org/testimonials/>.

You can mail completed, unstuffed knockers to us at

**Knitted Knockers Support Foundation
1405 Fraser St. #F103
Bellingham, WA 98229**

Please include the Transmittal Form on the next page.

Please do not size, add tags, stitch or pin together. We size after stuffing.

If stuffing, use a high-quality poly fiber fill. Slightly overstuff and leave the back open for adjustment. We use Premium Poly Fiber Fil™ made by Fairfield and found at Joann's & Walmart.

Yarns no longer on the list may have been discontinued. Knockers made with discontinued yarn would still be accepted if the brand appears on an Approved Yarns list prior 10/3/23.

Knitted Knockers Support Foundation is a non-profit run completely by volunteers, (no paid staff). Donations are very much appreciated to help offset costs. Postage in 2023 was over \$60,000 alone!

Thank you for making knockers!!!!

