

## KNITTED KNOCKERS APPROVED YARNS (rev. 9.12.25)

Please note that only knockers made from the following list will be used to fill orders from [knittedknockers.org](http://knittedknockers.org)

All yarns are approved for swimmers.

The following yarns are approved for Knit & Crochet		The following yarns are approved for Knit & Crochet (continued)	
Brand	Style	Brand	Style
Amano Yarns	Samay	Sostrene-Grene	Anna & Clara
	Sami (Organic)	Tahki	Cotton Classic Lite
Berroco	Modern Cotton DK <i>(Only DK weight is approved)</i>	Universal Yarns	Bamboo Pop
		Approved for Knit Only	
Cascade Yarns	Pandamonium	Brand	Style
	Ultra Pima	HiKoo	CoBaSi DK
	Ultra Pima Fine	King Cole	Cottonsoft DK
	Noble Cotton	Knit Picks	DillyDally DK
Circulo	Anne		Memento
	Charme	Paintbox	Cotton DK
Cloud Born	100% Pima Cotton DK	Rowan	Cotton Glace
Ella Rae	Phoenix DK	Tahki	Cotton Classic DK
Fair Isle	Harbor		<i>(Only DK weight is approved)</i>
HiKoo	Twisp	Trendsetter Yarns	Lana Grossa
King Cole	Bamboo Cotton	Valley Yarns	Southwick
	Giza Cotton 4ply <i>(this is lighter - reduce needle size)</i>		
Knit Picks	Shine Sport Weight	These yarns are for swim knockers only. They are not suitable for everyday wear.	
	Simply Cotton Sport Weight		
Lion Brand	COBOO	Brand	Style
Loops & Threads	Silky Soft	Cascade Yarns	Cherub DK
Mirasol	Pima Paka	Kraemer Yarns	Tatamy <i>(for knit only)</i>
Patons	Grace		<i>(Only DK weight is approved)</i>
Plymouth Yarns	Anne	Knit Picks	Comfy Fingering
Premier Yarns	Bamboo Fair		Comfy Sport
	Afternoon Cotton	Loops & Threads	Delicate DK <i>(Michael's brand)</i>
Schachenmayr	Catania	Premier Yarns	Cotton Fair

We have carefully compiled this list of approved yarns for our knitters & crocheters. All approved yarns have been tested and proven to be washable, stay soft after air drying, breathable, durable, the correct weight & make beautiful knockers. Our challenge has always been to identify yarns that are preferred by our recipients, available & affordable. The list has over 30 choices that can be purchased at local yarn stores, online or at "Big Box" stores at a variety of price points. The cost per average sized knocker using these yarns can vary from about \$1.20 to \$3.00 per knocker. Very affordable when you think about the difference it makes to the women who wear them!

For the wearer, it is crucial that the knocker fiber not exacerbate a highly sensitive part of a woman's body that may have already suffered from surgical scarring, nerve damage, and possible radiation burns. To minimize the chances of this happening we ask that knitters & crocheters choose a yarn that we've already tested & know that every knocker created will be gratefully received & loved by the wearer. We receive constant affirmation that these ladies truly appreciate the time & talent that a caring volunteer took to make these for them. Check out some testimonials from grateful recipients if you ever want to remind yourself that what you are doing is making a difference! <http://www.knittedknockers.org/testimonials/>.

You can mail completed, unstuffed knockers to us at

**Knitted Knockers Support Foundation  
1405 Fraser St. #F103  
Bellingham, WA 98229**

**Please include the Transmittal Form on the next page.**

**Please do not size, add tags, stitch or pin together.** We size after stuffing.

If stuffing, use a high-quality poly fiber fill. Slightly overstuff and leave the back open for adjustment. We use Premium Poly Fiber Fil™ made by Fairfield and found at Joann's & Walmart.

Yarns no longer on the list may have been discontinued. Knockers made with discontinued yarn would still be accepted if the brand appears on an Approved Yarns list prior 10/3/23.

Knitted Knockers Support Foundation is a non-profit run completely by volunteers, (no paid staff). Donations are very much appreciated to help offset costs. Postage in 2023 was over \$60,000 alone!

**Thank you for making knockers!!!!**

