

## KNITTED KNOCKERS APPROVED YARNS (rev. 4.3.26)

Please note that only knockers made from the following list will be used to fill orders from [knittedknockers.org](http://knittedknockers.org)

All yarns are approved for swimmers.

The following yarns are approved for Knit & Crochet		The following yarns are approved for Knit & Crochet (continued)	
Brand	Style	Brand	Style
Amano Yarns	Samay	Mirasol	Pima Paka
	Sami (Organic)	Patons	Grace
Berroco	Modern Cotton DK <i>(Only DK weight is approved)</i>	Plymouth Yarns	Anne
	Cascade Yarns	Pandamonium	Premier Yarns
Ultra Pima			Afternoon Cotton
Ultra Pima Fine		Schachenmayr	Catania
Noble Cotton		Sostrene-Grene	Anna & Clara
Circulo	Anne	Tahki	Cotton Classic Lite
	Charme	Universal Yarns	Bamboo Pop
Cloud Born	100% Pima Cotton DK	<b>Approved for Knit Only</b>	
Ella Rae	Phoenix DK	<b>Brand</b>	<b>Style</b>
Fair Isle	Harbor	HiKoo	CoBaSi DK
HiKoo	Twisp	King Cole	Cottonsoft DK
King Cole	Bamboo Cotton	Knit Picks	DillyDally DK
	Giza Cotton 4ply <i>(this is lighter - reduce needle size)</i>		Memento
	Knit Picks	Shine Sport Weight	Paintbox
Simply Cotton Sport Weight		Rowan	Cotton Glace
Lion Brand	COBOO	Tahki	Cotton Classic DK <i>(Only DK weight is approved)</i>
Loops & Threads	Silky Soft	Trendsetter Yarns	Lana Grossa
		Valley Yarns	Southwick

We have carefully compiled this list of approved yarns for our knitters & crocheters. All approved yarns have been tested and proven to be washable, stay soft after air drying, breathable, durable, the correct weight & make beautiful knockers. Our challenge has always been to identify yarns that are preferred by our recipients, available & affordable. The list has over 30 choices that can be purchased at local yarn stores, online or at "Big Box" stores at a variety of price points. The cost per average sized knocker using these yarns can vary from about \$1.20 to \$3.00 per knocker. Very affordable when you think about the difference it makes to the women who wear them!

For the wearer, it is crucial that the knocker fiber not exacerbate a highly sensitive part of a woman's body that may have already suffered from surgical scarring, nerve damage, and possible radiation burns. To minimize the chances of this happening we ask that knitters & crocheters choose a yarn that we've already tested & know that every knocker created will be gratefully received & loved by the wearer. We receive constant affirmation that these ladies truly appreciate the time & talent that a caring volunteer took to make these for them. Check out some testimonials from grateful recipients if you ever want to remind yourself that what you are doing is making a difference! <http://www.knittedknockers.org/testimonials/>.

You can mail completed, unstuffed knockers to us at

**Knitted Knockers Support Foundation  
1405 Fraser St. #F103  
Bellingham, WA 98229**

**Please include the Transmittal Form on the next page.**

**Please do not size, add tags, stitch or pin together.** We size after stuffing.

If stuffing, use a high-quality poly fiber fill. Slightly overstuff and leave the back open for adjustment. We use Premium Poly Fiber Fil™ made by Fairfield and found at Michaels, Hobby Lobby & Walmart.

Yarns no longer on the list may have been discontinued. Knockers made with discontinued yarn would still be accepted if the brand appears on an Approved Yarns list prior 10/3/23.

Knitted Knockers Support Foundation is a non-profit run completely by volunteers, (no paid staff). Donations are very much appreciated to help offset costs. Postage in 2023 was over \$60,000 alone!

**Thank you for making knockers!!!!**





# Please use this form to send in with the unstuffed knockers you are sending to headquarters for distribution:

## Please fill out & send this transmittal form with your Knockers.

Criteria for Knitted Knockers: \_\_\_\_\_ Date: \_\_\_\_\_

- All Knockers must be made from yarns on the KnittedKnockers.org approved list of yarns
- Do not size or stuff Knockers
- Loosely bow tie pairs together with spare yarn (please do NOT use tails). No pins or sizing tags please.
- Please remember to thread tails through last row of stitches to create a drawstring closure. Do not tighten (Bottoms Up & Crochet patterns)
- Knockers must be fragrance, smoke, pet hair and odor free.

*Tip: postage can be saved by sending unstuffed knockers USPS - Ground Advantage*

Questions? Please contact us at [contact@knittedknockers.org](mailto:contact@knittedknockers.org) or visit [www.knittedknockers.org](http://www.knittedknockers.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Yarn used: \_\_\_\_\_ # Knockers: \_\_\_\_\_

Do you want to stay local? Email [registry@knittedknockers.org](mailto:registry@knittedknockers.org) for additional information.

For Office Use Only: \_\_\_\_\_

Below is a return label for your package. Just clip it off, add your return address and tape to your envelope.



\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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## ↓ Care instructions to give out with the knockers you provide locally. ↓



Please enjoy the enclosed Knitted Knocker, compliments of our volunteer knitters and supporters. This handcrafted prosthesis has been made with love, and our hope is that you will find this a comfortable, soft and huggable alternative to traditional prostheses that can be worn with your

regular bra. You can customize the fit of your knocker by adding or subtracting the filling. Weight can be added through the back if desired. A small stone, drapery weight, or coins can work. Do not cinch up tight for further adjustments as needed. Your knocker has gone through many caring hands. Please wash before wearing. They can be washed stuffed or un-stuffed on gentle cycle, hang to dry.

If you would like to have the pattern or know someone who would like to contribute to the supply for other women please visit our website, [www.knittedknockers.org](http://www.knittedknockers.org) or contact us at [contact@knittedknockers.org](mailto:contact@knittedknockers.org).

Donations are gratefully accepted to offset costs. Checks may be made out to Knitted Knockers Support Foundation and mailed to Knitted Knockers Support Foundation, 1405 Fraser St. #F103, Bellingham, WA 98229, scan the QR code below or Paypal on our website [www.knittedknockers.org](http://www.knittedknockers.org). THANK YOU!



Please like and share us on Facebook.



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