



BOTTOMS UP KNOCKER

KNIT FLAT WITH TWO NEEDLES- DISCONTINUED*

by Claudia Barbo, revised by Laureen Furnas (4/18/17)

*Due to recipient feedback this pattern is no longer approved for distribution by Knitted Knockers Support Foundation. It is left for those wishing to make for their own personal use." 7-13-18

Materials: 1 set 7-8" double point needles, size 4(5). Sport or (DK) weight soft, washable non wool yarn.**

See below for approved yarns for distribution by knittedknockers.org groups, stitch marker to mark needle 1, tapestry needle. Gauge- 6st= 1" (5st= 1"). Counts in () are for DK/US 5 needles

BOTTOM PIECE:

Starting with a 20" tail, cast on 17 stitches.

Foundation Row: Knit one, place marker, (knit five, place marker) 3 times. Knit one.

Row 1 (rs) – Knit 1, (slip marker and knit in the front and the back of the next stitch, knit to the last stitch before marker, knit in the front and the back of that stitch) 3 times, slip marker and knit last stitch.

Row 2 (ws) – Knit 1, (slip marker, purl to the last stitch before marker, knit in the front and the back of that stitch) 3 times, slip marker and knit one.

Repeat rows 1 and 2 until you have number of stitches for the cup size you desire.

- A cup – stuffed diameter equals 4.5" (across) 72(66) – 24(22)/needle
- B cup – stuffed diameter equals 5" (across) 78(72) – 26(24)/needle
- C cup – stuffed diameter equals 5.5" (across) 90(84) – 30(28)/needle
- D cup – stuffed diameter equals 6" (across) 102(90) – 34(30)/needle
- DD/E cup – stuffed diameter equals 6.5" (across) 108(96) – 36(32)/needle

For larger sizes repeat rows 1 & 2 – 1 more time for each size, and:

- F (7") – add two rows after the turning rows. (Row 1: knit. Row 2: knit one, purl to the last stitch, knit one)
- G (7.5") and larger – add a total of four rows after the turning rows. (Rows 1 & 3: Knit. Rows 2 & 4: knit one, purl to the last stitch, knit one)

Each size goes up about $\frac{1}{2}$ " in diameter. Sizing is a bit of an art. Looser knit will stretch more when stuffed. Stuffed knockers should measure the diameters listed above.

Turning Rows:

Row 1 (rs): Knit one, purl to the last stitch, knit one.

Row 2 (ws): Knit across.

Legend

CO - Cast On
kfb - Knit into front & back of stitch
K - knit
P - purl
k2tog - knit 2 stitches together
rs - right side
ws - wrong side
Gauge- 6st=1" (5 st=1")

TOP PIECE

Row 1 (rs): Knit one (slip marker, knit to the last 2 stitches before marker, knit two together) 3 times, slip marker, knit one.

Row 2 (ws): Knit one (slip marker, purl two together, purl to marker) 3 times, slip marker, knit one.

Continue rows 1 and 2 until you have 5 sts on the needle.

Clip the yarn leaving a 14" tail, thread it through tapestry needle and run it through the stitches clock-wise and remove markers. Tack down the yarn tail at nipple area and use remaining tail to sew knocker closed. Use a mattress stitch and catch each knit stitch at edge for seaming. Continue seaming until you end at cast-on edges, then fasten off leaving a hole that is approximately the size of a quarter. If you don't want to seam them and are sending to us feel free to leave that to our "expert" seamers ☺.

Final Step To Finish Bottom Piece: Weave beginning tail through every other cast-on stitch around the hole. This will make a draw-string like closure so the knocker stuffing level can later be adjusted by the wearer.

Fill with Premium Poly Fiber Fil™ (optional, we can fill them for you to save on postage.)

Visit www.knittedknockers.org for tips and videos on how to make the Bottoms Up Knitted Knocker Knit Flat with 2 Needles for help with making the knockers.

Knitted Knockers Support Foundation has created a list of tested and approved yarns appropriate for knitted knockers. Please note that **only knockers made from this list will be used to fill orders from knittedknockers.org so if knitting or crocheting for us please only use these yarns. While Knitted Knockers are a great "stash buster" taking only about 50 yards of yarn, the knockers may be worn against sensitive skin and must be durable, breathable and stay soft after washing. Also note the acrylic yarns are **only** used for swimming knockers. Here is a link to the approved yarn list [Approved Yarns for Knitted Knockers](#).

The most requests are for pairs of neutral colors. If you don't have enough of one color to finish a knocker feel free to make the bottom piece with a bright or fun color using the same type of yarn changing to a neutral color 2-3 rows prior to the purl rows. If you get bored with the flesh tones by all means make a creative, bright pair if you want. We do get requests for those too :-). Don't stress too much about the sizing. The most important thing is to make sure that all pairs are the same size (same number of stitches). About 75% of the requests are for sizes B and C with the rest size A, D and DD. Check out the video at knittedknockers.org on How to Size your Knockers for sizing tips.

We realize that knitting on double pointed needles is not the easiest so we developed this beautifully contoured, one piece knocker knit flat on two needles and seamed up. It is an easy, fun and portable project taking most people between 3-4 hours to make one. There is a video designed specifically for the Bottoms Up Knocker Knit Flat with Two Needles at knittedknockers.org. Watch Laureen, the Knocker Quality Queen teach Barb how to make knockers from the bottom up on 2 needles.

If you don't have someone to give your beautiful knocker to please send them to us for distribution (always free to the recipient) and we will reimburse you for postage upon request. We need lots of them! Send with the yarn label to Knitted Knockers, 1780 Iowa Street, Bellingham, WA 98229. Be sure and include your contact info so we can thank you! Visit <http://www.knittedknockers.org/> (the one with the pink ribbon logo on it) to learn more and to link yourself as a provider, or to locate a group in your area. We have print materials we can help support you with including care instructions, cards and brochures. Thank you so much!!!