



BOTTOMS UP KNOCKER FOR DOUBLE POINT NEEDLES

(EASIER START FOR KNITTED KNOCKERS SAME GREAT RESULT!)

by Claudia Barbo, revised by Laureen Furnas (4/17)rev5.1

Materials: 1 set 7-8" double point needles, size US 4(5). Sport or (DK) weight soft, washable non wool yarn.*** See below for approved yarns for distribution by knittedknockers.org groups, stitch marker to mark needle 1, tapestry needle. Gauge- 6st= 1" (5st= 1"). Counts in () are for DK/US 5 needles

Legend	
CO	- Cast On
kfb	- Knit into front & back of stitch
K	- knit
P	- purl
k2tog	- knit 2 stitches together

BOTTOM PIECE:

Starting with a 20" tail, CO loosely 15 sts and divide between 3 needles (5 on each needle).

Round 1 – K to last st, kfb . Repeat for needle 2 & 3- 3 sts increased.

Round 2 – Kfb, k to last st, kfb. Repeat for needle 2 & 3 - 6 sts increased.

Repeat rounds 1 & 2 until reach number of stitches for the cup size you desire.*

- A cup – stuffed diameter equals 4.5" (across)72(66*) – 24(22*)/needle
- B cup – stuffed diameter equals 5" (across)78(72) – 26(24)/needle
- C cup – stuffed diameter equals 5.5" (across)90(84*) – 30(28*)/needle
- D cup – stuffed diameter equals 6" (across)102*(90) – 34*(30)/needle
- DD/E cup – stuffed diameter equals 6.5" (across)108(96) – 36(32)/needle

*(Certain sizes need to repeat Round 1- 1 more time to reach desired number of stitches).

**See notes for larger sizes. Each size goes up about ½" in diameter. Sizing is a bit of an art. Looser knit will stretch more when stuffed. Stuffed knockers should measure the diameters listed above measured straight across the back from the point to the mid of the opposite side.

Turning Rows: P 2 rounds. These two rounds help define the edge between the back and the front of your knocker.

TOP PIECE (W/OUT NIPPLE):

Decrease round: K to last 2 sts on each needle, k2tog. Repeat this round until you have 6 sts left (2 on each needle). Cut yarn leaving an 8" tail. Thread tail through remaining sts with tapestry needle and pull tight. Bring to inside of knocker and fasten off.

TOP PIECE (WITH NIPPLE):

Decrease round: K to last 2 sts on each needle, k2tog. Repeat this round until you have 3 sts left (1 on each needle). Knit these 3 sts on to one needle and proceed with an I-cord for 3 rounds. Cut yarn leaving an 8" tail. Using a tapestry needle thread tail through remaining sts. Stretch and twist I-cord tightly and stitch down all around it to create a small nipple. The completed nipple should be no more than 3/8" across.

Final Step To Finish Bottom Piece: Using tapestry needle, weave cast on tail through every other cast-on stitch. This will make a draw-string like closure so the knocker stuffing level can later be adjusted by the wearer.

Fill with Premium Poly Fiber Fil™ (optional, we can fill them for you to save on postage.) Do NOT cinch up!

Visit <http://www.knittedknockers.org/make-a-knocker/> for tips and videos on how to make the Bottoms Up Knitted Knockers for Double Point Needles. If you see differences in the video go by the pattern as it may have been revised after the video was done.

****For larger sizes:**

- F (7") – repeat rounds 1 & 2 – 1 more time.
 - Complete turning rows
 - After the turning rows knit 2 rounds before starting top piece
- G (7.5")-repeat rounds 1 & 2 – 2 more times.
 - Complete turning rows
 - After the turning rows knit 4 rounds before starting top piece.
- H (8") & Beyond- Repeat rounds 1 & 2 an additional time per size
 - Complete turning rows
 - After the turning rows knit 4 rows before starting top piece

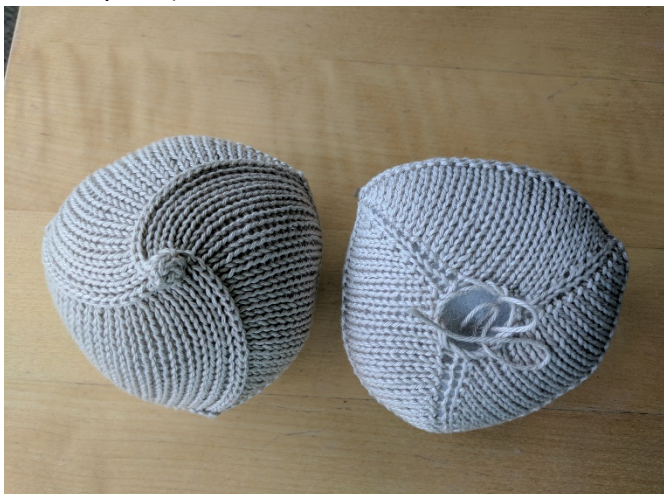
*****Knitted Knockers Support Foundation** has created a list of tested and approved yarns appropriate for knitted knockers. Please note that **only knockers made from this list will be used to fill orders from knittedknockers.org so if knitting or crocheting for us please only use these yarns.** While Knitted Knockers are a great "stash buster" taking only about 50 yards of yarn, the knockers may be worn against sensitive skin and must be durable, breathable and stay soft after washing. Also note the acrylic yarns are **only** used for swimming knockers. Here is a link to the approved yarn list [Approved Yarns for Knitted Knockers](#).

The most requests are for pairs of neutral colors. If you don't have enough of one color to finish a knocker feel free to make the bottom piece with a bright or fun color using the same type of yarn changing to a neutral color 2-3 rows prior to the purl rows. If you get bored with the flesh tones by all means make a creative, bright pair if you want. We do get requests for those too :-). Don't stress too much about the sizing The most important thing is that each knocker within the pair has the same number of stitches. About 75% of the requests are for sizes B and C with the rest size A, D and DD. Check out the video at knittedknockers.org on How to Size your Knockers for sizing tips. If you see differences in the video, go by the pattern as it may have been revised after the video was done.

We realize that knitting on double pointed needles is not the easiest, but they are beautifully contoured, made in one piece and hold up really well. It is an easy, fun, and portable project, taking most people between 3-4 hours to make one. There is a video designed specifically for the Bottoms Up Knocker at knittedknockers.org. Watch Lauren, the Knocker Quality Queen teach Barb how to make knockers from the bottom up. If you see differences in the video go by the pattern as it may have been revised after the video was done.

If you don't have someone to give your beautiful knocker to, please send them to us for distribution (always free to the recipient). We need lots of them! Send with the yarn label to Knitted Knockers, 1780 Iowa Street, Bellingham, WA

98229. Be sure and include your contact info so we can thank you! Visit <http://www.knittedknockers.org/> (the one with the pink ribbon logo on it) to learn more and to link yourself as a provider, or to locate a group in your area. We have print materials we can help support you with including care instructions, cards and brochures. Thank you so much!!!



KNITTED KNOCKERS APPROVED YARNS - revised 12/16/18

Please note that only knockers made from the following list will be used to fill orders from knittedknockers.org so if knitting or crocheting for us please only use these yarns. All are good for knitting, some are also good for crochet where indicated "C". Acrylic yarns are approved only for swimming and indicated with "A".

Berroco, <u>Modern Cotton DK</u> (Note only DK weight is approved)- C	Katia, <u>Mississippi 3</u>	Schachenmayr, <u>Catania</u> C
Cascade Yarns, <u>Cherub DK</u> - C, A	Kertzer Yarns, <u>Butterfly Super 10</u>	Sostrene Grene, <u>Anna & Clara</u> - C
Cascade Yarns, <u>Ultra Pima</u> - C	Kraemer Yarns, <u>Tatamy</u> - A	Tahki, <u>Cotton Classic DK</u> (Must be DK)
Cascade Yarns, <u>Ultra Pima Fine</u> - C	Knit Picks, <u>Comfy Sport</u> - A	Tahki, <u>Cotton Classic Lite</u> - C
Cloudborn, <u>100% Pima Cotton DK</u> - C	Knit Picks, <u>Comfy Fingering</u> - C, A	TB Ramsden, <u>Wendy Supreme 100% luxury cotton DK</u> (Must be DK)
Ella Rae, <u>Phoenix DK</u> - C	Lion Brand <u>COBOO</u> - C	Trendsetter Yarns, <u>Lana Grossa Elastico</u>
Euro Baby, <u>Kid Cotton</u>	Paintbox, <u>Cotton DK</u>	Universal Yarn, <u>Bamboo Pop</u> - C
Fair Isle, <u>Harbor</u> - C	Patons, <u>Grace</u> - C	Universal Yarn, <u>Garden 3</u> - C
Fiesta Yarns, <u>Cottonista</u>	Plymouth Yarns, <u>Anne</u> - C	UY- Fibra Natura, <u>Radiant Cotton</u>
HiKoo, <u>CoBaSi DK</u>	Plymouth Yarns, <u>Cleo</u>	Valley Yarns, <u>Southwick</u>
Jaeger, <u>Aqua Cotton</u>	Premier Yarns, <u>Cotton Fair</u> - C, A	
	Rowan, <u>Cotton Glace</u>	

We have carefully compiled this list of approved yarns for our knitters & crocheters. All approved yarns have been tested and proven to be washable, stay soft after air drying, breathable, durable, the correct weight & make beautiful knockers. Our challenge has always been to identify yarns that are preferred by our recipients, available & affordable. The list has over 30 choices that can be purchased at local yarn stores, online or at "Big Box" stores at a variety of price points. The cost per average sized knocker using these yarns can vary from about \$1.20 to \$2.00 per knocker. Very affordable when you think about the difference it makes to the woman who wears them!

For the wearer, it is crucial that the knocker fiber not exacerbate a highly sensitive part of a woman's body that may have already suffered from surgical scarring, nerve damage, and possible radiation burns. To minimize the chances of this happening we ask that knitters & crocheters choose a yarn that we've already tested & know that every knocker created will be gratefully received & loved by the wearer. We receive constant affirmation that these ladies truly appreciate the time & talent that a caring volunteer took to make these for them. Check out some testimonials from grateful recipients if you ever want to remind yourself that what you are doing is making a difference! <http://www.knittedknockers.org/testimonials/>.

Please note that "I Love this Cotton" from Hobby Lobby is too heavy & washes up stiff when air dried so is not appropriate for knitted knockers.

You can mail completed, unstuffed knockers to us at Knitted Knockers Support Foundation, 1780 Iowa St., Bellingham, WA 98229. **Please include your contact information & the yarn label.**

If stuffing, use a high quality poly fiber fill. Slightly overstuff & leave back open for adjustment. We use Premium Poly Fiber Fill made by Fairfield & found at Joann's & Walmart.

Yarns no longer on the list may have been discontinued but still would be accepted if on the prior 10/2/17 Approved Yarn list.

Knitted Knockers Support Foundation is a non profit run completely by volunteers, (no paid staff). Donations are very much appreciated to help offset costs. Postage in 2017 was over \$58,000 alone!

Thank you for making knockers!!!!