

Magic Loop Method

materials

- Cascade Yarns Ultra Pima Fine, sport weight cotton (Ultra Pima, DK) See below for approved yarns for distribution by knittedknockers.org groups*
- 2 double point needles, size 4 (5), Size 4 (5) cable needle 24 + inches
- Stitch markers
- Tapestry needle

outer piece

- CO 3 sts - Knit 4 rows I-Cord (this will be knotted for “nipple”) - 3 sts.
To make knockers without nipples, omit the I-cord and just CO 3 stitches
- Next row - kfb every stitch - 6 sts.

Cup size	Number of repeats	Diameter	Stitches per section
A	24 (18)	4.5”	28 (22)
B	26 (20)	5”	30 (24)
C	30 (24)	5.5”	34 (28)
D	32 (26)	6”	36 (30)
E(DD)	34 (28)	6.5”	38 (32)

Place sts on cable and pull up loop with 2 sts on front needle and 4 sts on back needle. Place marker in middle of the 4 sts. Start knitting in the round.

- Round 1 - *kfb, k1 repeat from * to end of round - 9 sts.
- Round 2 - Knit to last stitch of each section, m1r, k1 - 12 sts.
- Repeat rnd 2 according to the table for the desired cup size.

Note: you may wish to redistribute sts on the needles at some point; if you do so, take care to insert a stitch marker after the original first section.

- Purl 2 rounds.

inner piece

- Round 1 - *K to last 2 sts of each section, k2tog. Repeat from * to end of round.
- Round 2 - *Ssk, k to last 2 sts of each section, k2tog. Repeat from * to end of round.
- Repeat rnds 1 and 2 until 24 sts total remain.
- (As applicable) Knot I-Cord very tightly and stitch down for small nipple (no more than 3/8" in diameter)
- Repeat rnds 1 and 2 until 12 sts total remain.
- Cut yarn (long tail) - thread tail through 12 sts and leave loose to allow for stuffing
- Fill with Premium Poly Fiber Fill (*Optional, we will fill for you if you want :-)*)

- ****Knitted Knockers Support Foundation has created a list of tested and approved yarns appropriate for knitted knockers. Please note that only knockers made from this list will be used to fill orders from knittedknockers.org so if knitting or crocheting for us please only use these yarns. While Knitted Knockers are a great “stash buster” taking only about 50 yards of yarn depending on size of course, the knockers may be worn against sensitive skin and must be durable, breathable and stay soft after washing. Also note the acrylic yarns are only used for swimming knockers. You can find the list of approved yarns at knittedknockers.org or attached to this pattern when downloaded.**
- The most requests are for pairs of neutral colors. If you don't have enough of one color to finish a knocker feel free to finish the inner piece with a complimentary color using the same type of yarn. If you get bored with the flesh tones by all means make a creative, bright pair if you want. We do get requests for those too :-). Don't stress too much about the sizing. The most important thing is to make sure that all pairs are the same size (same number of stitches). About 75% of the requests are for sizes B and C with the rest size A, D and DD.
- There is a 3 part series of videos on how to make great Knitted Knockers at knittedknockers.org.
- If you don't have someone to give your beautiful knocker to please send them to us for distribution (always free to the recipient). We need lots of them! Send to Knitted Knockers, 1780 Iowa Street, Bellingham, WA 98229. Be sure and include the yarn label and your contact info so we can thank you! Visit <http://www.knittedknockers.org/> (the one with the pink ribbon logo on it) to learn more and to link yourself as a provider, or to locate a group in your area. We have print materials we can help support you with including care instructions, cards and brochures. Thank you so much!!!

KNITTED KNOCKERS APPROVED YARNS

3-9-17 REV

Please note that only knockers made from the following list will be used to fill orders from knittedknockers.org so if knitting or crocheting for us please only use these yarns.

Bellatrista Yarn

Milk Protein- Knit and crochet

Cascade Yarns

Cherub DK (Acrylic for swimming only)

Sateen (Acrylic for swimming only)

Ultra Pima-(Knit and crochet)Available at Craftsyt.com*

Ultra Pima Fine (Great for crochet)

Cloudborn

100% Pima Cotton DK- (Knit and Crochet)-Available at Craftsyt.com*

Classic Elite Yarns

Provence- (Knit)

Ella Rae

Phoenix DX- (Knit and crochet)

Fiesta Yarns

Cottonista-(Knit)

Frog Tree

85% Pima/ 15% Silk Sport Weight- (Knit)

HiKoo

CoBaSi DK- (Knit)

Jaeger

Aqua Cotton- (Knit)

Katia

Mississippi 3- (Knit)

Kertzer Yarns

Fine Cotton- (Knit)

King Cole

Cottonsoft DK- (Knit)

Kraemer Yarns

Tatamy- (Knit)(Acrylic blend for swimming)

Knit Picks

Comfy Sport-(Knit) (Acrylic blend for swimming)

Comfy Fingering- (Knit and Crochet)(Swimming)

Paintbox

Cotton DK- (Knit and Crochet)

Patons

Grace- (Knit and crochet) Available at Craftsyt.com*

Plymouth Yarns

Anne- (Knit and Crochet)

Cleo- (Knit) Available at Craftsyt.com*

Premier Yarns

Afternoon Cotton- (Knit & Crochet) Available at Craftsyt.com*

Cotton Fair- (Knit and Crochet) (Acrylic for Swimming)

Reynolds

Top Seed Cotton- (Knit)

Rowan

Cotton Glace- Knit

Sostene Grene

Anna & Clara- (Knit and crochet)

Vinnis Colours South African Yarns

Serina- (knit and crochet)

Tahki

Cotton Classic DK- (Knit)

Cotton Classic Lite- (Knit and Crochet)

Thomas B Ramsden & Co (Bradford)

Wendy Supreme 100% luxury cotton dk- (Knit)

Trendsetter Yarns

Lana Grossa Elastico- (Knit)

Universal Yarn

Bamboo Pop- (Knit and Crochet)

Cotton Supreme DK- (Knit)

Valley Yarns

Southwick- (Knit)

KNITTED KNOCKERS APPROVED YARNS

We have moved away from distributing knockers made with acrylic due to feedback from recipients. Acrylic knockers are reserved for filling orders for swimming because they are not worn daily, just for an hour or so at a time. The acrylic knockers will be used, but there is a very low demand for them.

We have compiled a list of approved yarns for our knitters and crocheters. All yarns on this list are washable, stay soft after air drying, breathable, durable, of the correct weight and are beautiful. Our challenge has always been to identify yarns that are preferred by our recipients, available and affordable. The list has over 30 choices that can be purchased at local yarn stores, online or at "Big Box" stores at a variety of price points. The cost per average sized knocker using these yarns can vary from about \$1.20 to \$2.00 each depending on brand, or sales. Very affordable when you think about the difference it makes to the woman who wears them! Most yarns can be found at your local yarn shop, or online. You can find Afternoon Cotton by Premier Yarns at Walmart and Joanns and Paton's Grace at Michaels. Please note that I Love this Cotton from Hobby Lobby is too heavy and washes up stiff when air dried so is not appropriate for knitted knockers. Please include the yarn label when sending to us and your contact information.

For the wearer, it is crucial that the knocker fiber not exacerbate a highly sensitive part of a woman's body that may have already suffered from surgical scarring, nerve damage, and possible radiation burns. To minimize the chances of this happening we ask that knitters and crocheters choose a yarn that we've already tested and know that every knocker created will be gratefully received and loved by the wearer. We receive constant affirmation that these ladies truly appreciate the time and talent that a caring volunteer took to make these for them. Check out some testimonies from grateful recipients if you ever want to remind yourself that what you are doing is making a difference! <http://www.knittedknockers.org/testimonials/>

If sending to us mail unstuffed to Knitted Knockers Support Foundation, 1780 Iowa St., Bellingham, WA 98229. **Include your contact information and the type of yarn used or label from the yarn.**

If stuffing use a high quality poly fiber fill. Slightly overstuff and **leave back open** for adjustment. We use Premium Poly Fiber Fill made by Fairfield and found at Joann's and Walmart.

* Craftsy.com will give Knitted Knockers Support Foundation a portion of your purchase at no extra cost to you! Click here to shop at craftsy.com.