

Magic Loop Method

Rev 5/30/17 for sizing

materials

- Cascade Yarns Ultra Pima Fine, sport weight cotton (Ultra Pima, DK) See below for approved yarns for distribution by knittedknockers.org groups*
- 2 double point needles, size 4 (5), Size 4 (5) cable needle 24 + inches
- Stitch markers
- Tapestry needle

outer piece

- CO 3 sts - Knit 4 rows I-Cord (this will be knotted for “nipple”) - 3 sts.
To make knockers without nipples, omit the I-cord and just CO 3 stitches
- Next row - kfb every stitch - 6 sts.

Cup size	Stuffed Diameter	Total St	Stitches per section
A	4.5"	72(66)	24(22)
B	5"	78(72)	26(24)
C	5.5"	90(84)	30(28)
D	6"	102(90)	34(30)
E/DD	6.5"	108(96)	36(32)

Place sts on cable and pull up loop with 2 sts on front needle and 4 sts on back needle. Place marker in middle of the 4 sts. Start knitting in the round.

- Round 1 - *kfb, k1 repeat from * to end of round - 9 sts.
- Round 2 - Knit to last stitch of each section, m1r, k1 - 12 sts.
- Repeat rnd 2 according to the table for the desired cup size.

Note: you may wish to redistribute sts on the needles at some point; if you do so, take care to insert a stitch marker after the original first section.

- Purl 2 rounds.

inner piece

- Round 1 - *K to last 2 sts of each section, k2tog. Repeat from * to end of round.
- Round 2 - *Ssk, k to last 2 sts of each section, k2tog. Repeat from * to end of round.
- Repeat rnds 1 and 2 until 24 sts total remain.
- (As applicable) Knot I-Cord very tightly and stitch down for small nipple (no more than 3/8" in diameter)
- Repeat rnds 1 and 2 until 12 sts total remain.
- Cut yarn (long tail) - thread tail through 12 sts and leave loose to allow for stuffing
- Fill with Premium Poly Fiber Fill (*Optional, we will fill for you if you want :-)*)

- ****Knitted Knockers Support Foundation has created a list of tested and approved yarns appropriate for knitted knockers. Please note that only knockers made from this list will be used to fill orders from knittedknockers.org so if knitting or crocheting for us please only use these yarns. While Knitted Knockers are a great “stash buster” taking only about 50 yards of yarn depending on size of course, the knockers may be worn against sensitive skin and must be durable, breathable and stay soft after washing. Also note the acrylic yarns are only used for swimming knockers. You can find the list of approved yarns at knittedknockers.org or attached to this pattern when downloaded.**
- The most requests are for pairs of neutral colors. If you don't have enough of one color to finish a knocker feel free to finish the inner piece with a complimentary color using the same type of yarn. If you get bored with the flesh tones by all means make a creative, bright pair if you want. We do get requests for those too :-). Don't stress too much about the sizing. The most important thing is to make sure that all pairs are the same size (same number of stitches). About 75% of the requests are for sizes B and C with the rest size A, D and DD.
- There is a 3 part series of videos on how to make great Knitted Knockers at knittedknockers.org.
- If you don't have someone to give your beautiful knocker to please send them to us for distribution (always free to the recipient). We need lots of them! Send to Knitted Knockers, 1780 Iowa Street, Bellingham, WA 98229. Be sure and include the yarn label and your contact info so we can thank you! Visit <http://www.knittedknockers.org/> (the one with the pink ribbon logo on it) to learn more and to link yourself as a provider, or to locate a group in your area. We have print materials we can help support you with including care instructions, cards and brochures. Thank you so much!!!

KNITTED KNOCKERS APPROVED YARNS - revised 10/2/2017

Please note that only knockers made from the following list will be used to fill orders from knittedknockers.org so if knitting or crocheting for us please only use these yarns. All are good for knitting, some are also good for crochet where indicated "C". Acrylic yarns are good only for swimming and indicated with "A".

Bellatrista Yarn, Milk Protein - C	Jaeger, Aqua Cotton	Rowan, Cotton Glace
Berroco, Modern Cotton DK - C	Katia, Mississippi 3	Sostrene Grene, Anna & Clara - C
Cascade Yarns, Cherub DK - C, A	Kertzer Yarns, Fine Cotton	Vinnis (South Africa), Serina - C
Cascade Yarns, Sateen - C, A	King Cole, Cottonsoft DK	Tahki, Cotton Classic DK
Cascade Yarns, Ultra Pima - C	Kraemer Yarns, Tatamy - A	Tahki, Cotton Classic Lite - C
Cascade Yarns, Ultra Pima Fine - C	Knit Picks, Comfy Sport - A	TB Ramsden, Wendy Supreme 100%
Cloudborn, 100% Pima Cotton DK* - C	Knit Picks, Comfy Fingering - C, A	luxury cotton DK
Classic Elite Yarn, Provence	Paintbox, Cotton DK	Trendsetter Yarns, Lana Grossa
Ella Rae, Phoenix DK - C	Patons, Grace* - C	Elastico
Euro Baby, Kid Cotton	Plymouth Yarns, Anne - C	Universal Yarn, Bamboo Pop - C
Fair Isle, Harbor - C	Plymouth Yarns, Cleo*	Universal Yarn, Cotton Supreme DK
Fiesta Yarns, Cottonista	Premier Yarns, Cotton Fair - C, A	Universal Yarn, Garden 3 - C
HiKoo, CoBaSi DK	Reynolds, Top Seed Cotton	Valley Yarns, Southwick

Due to recipient feedback, we have moved away from distributing acrylic knockers except for swimming use, since they will be worn for a short period of time. There is usually a low demand for acrylic knockers.

We have carefully compiled this list of approved yarns for our knitters & crocheters. All approved yarns have been tested and proven to be washable, stay soft after air drying, breathable, durable, the correct weight & make beautiful knockers. Our challenge has always been to identify yarns that are preferred by our recipients, available & affordable. The list has over 30 choices that can be purchased at local yarn stores, online or at "Big Box" stores at a variety of price points. The cost per average sized knocker using these yarns can vary from about \$1.20 to \$2.00 per knocker. Very affordable when you think about the difference it makes to the woman who wears them!

For the wearer, it is crucial that the knocker fiber not exacerbate a highly sensitive part of a woman's body that may have already suffered from surgical scarring, nerve damage, and possible radiation burns. To minimize the chances of this happening we ask that knitters & crocheters choose a yarn that we've already tested & know that every knocker created will be gratefully received & loved by the wearer. We receive constant affirmation that these ladies truly appreciate the time & talent that a caring volunteer took to make these for them. Check out some testimonials from grateful recipients if you ever want to remind yourself that what you are doing is making a difference! <http://www.knittedknockers.org/testimonials/>.

Please note that "I Love this Cotton" from Hobby Lobby is too heavy & washes up stiff when air dried so is not appropriate for knitted knockers.

You can mail completed, unstuffed knockers to us at Knitted Knockers Support Foundation, 1780 Iowa St., Bellingham, WA 98229.

Please include your contact information & the yarn label.

If stuffing, use a high quality poly fiber fill. Slightly overstuff & leave back open for adjustment. We use Premium Poly Fiber Fill made by Fairfield & found at Joann's & Walmart.

* [Craftsy.com](http://www.craftsy.com) will give Knitted Knockers Support Foundation a portion of your purchase at no extra cost to you! Click here to shop at www.craftsy.com